

## Mountain Biking Trails

There are many trails around Tumbler Ridge that are good for mountain biking. The local mountain bike club, TRMBA, has built some great trails as well. Some of the trails are on the outskirts of town, so you can bike right from your door. Many of these trails are also hiking routes, so please be aware of and watch for walkers and runners as well as occasional stairs on steeper pitches. The inset chart shows which trail brochure describes each destination.

### Trails Close to Town

TRMBA has machine built downhill bike trails on the ridge just east of town, as well as a paved pump track and a jump park. A detailed brochure of the TRMBA trails can be purchased at the Visitor Centre. Another trail close to town is Tumbler Point, which is a technical single track trail that leads through mixed forest to an escarpment. This escarpment is above the Flatbed Creek valley, and then the Murray River valley, with excellent views.

The Wolverine Trails lead through the forest on double track trails to the Lost Haven Cabin overlooking the Murray River. Larry's & Linda's trail is an extension of the Wolverine Trails that leads down to and along the Murray River.

The short trail to Flatbed Falls is single track, and leads to a lovely waterfall that is a popular swimming hole. The Flatbed Cabin Pool Trail and Kevin's Trail are technical single track routes. These trails follow Flatbed Creek, with views of the creek as well as several swimming holes.

All of the above trails are part of the TR Trail, which is a 28 km series of connected trails that encircles over half the town, much of it suitable for mountain biking.

The Quality Falls trailhead is 8 km from town. The trail is single track with lots of roots, and it leads to a picturesque waterfall.

### Alpine Riding

There are numerous rideable alpine areas around Tumbler Ridge. These feature alpine summits and spectacular views. When riding trails above treeline, please stay on the exploration roads and do not bike on the fragile tundra.

### Other Trails

There are other trails further from town that are great for mountain biking, such as Mount Clifford, Mount Hermann, Kinuseo Creek to Creek, Kruger's Flats, Mount Spieker, Red Deer Falls, Roman Mountain and Murray Canyon Overlook.

- ***These trails are in bear country***
- ***Please pack out what you packed in***
- ***Ride safely – wear your helmet***

For more information, contact:

**Tumbler Ridge Mountain Bike Association**  
[tumbleridgeмба@gmail.com](mailto:tumbleridgeмба@gmail.com)

**Wolverine Nordic and Mountain Society**  
Kevin Sharman (250) 242-4860  
Charles Helm (250) 242-3984

Websites: [www.wnms.ca](http://www.wnms.ca) and [www.trmba.ca](http://www.trmba.ca)

**Tumbler Ridge Visitor Centre (250) 242-3123**

Tourism website: [www.TumblerRidge.ca](http://www.TumblerRidge.ca)

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# Tumbler Ridge Mountain Biking Trails



TUMBLER RIDGE  
GLOBAL  
GEO PARK

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Trail	Trail #	Distance from	Total Trail	Type of	Difficulty	Features	Brochure
		Downtown to					
Trail	#	Trailhead (km)	Distance (km)	Trail	Difficulty	Features	Brochure
TRMBA Downhill Ridge Trails	51	2	variable	downhill trails		machine built easy, flow and free ride trails	TRMBA Trails
TRMBA Jump Park	49	1	variable	jump park		progression of jumps	TRMBA Trails
TRMBA Pump Track	in town	0.5	100 m loop	paved pump track		family friendly track to improve skills	TRMBA Trails
Flatbed Pools	1	2	4	technical single track		swimming holes, dinosaur footprints	Hiking Trails in the Flatbed Valley, TR Trail
Flatbed Falls	2	2	2	fire road, single track		waterfall, swimming	Flatbed Falls, TR Trail
Kinuseo Creek to Creek	40	48	30 one way	double track, fire road		views	Monkman Pass Memorial Trail Driving Tour
Kruger's Flats	43	72	6	double track quad trail		old cabins	Hiking Routes off the Boundary Road
Mount Clifford	41	65	10	double track		alpine ridge, views	Hiking Routes off the Boundary Road
Mount Hermann	24	29	variable	dirt road, double track		easy access, views	
Mount Spieker	18	39	5-10	old exploration roads		alpine summit, views	Mount Spieker Hiking Routes
Murray Canyon Overlook	10	30	6	technical single track		river valley views	Murray Canyon Overlook Interpretive Guide
Quality Falls	9	8	2.5	technical single track		picturesque waterfall	Quality Falls Hiking Trail
Red Deer Falls	47	84	10 one way	fire road		spectacular waterfall	
Roman Mountain	37, 38	33	26	old exploration road		spectacular mountain views	Hiking Routes South of the Core Lodge
TR Trail	3	5	28	technical single track		swimming holes, river valley views	TR Trail
Tumbler Point	4	1.5	4	technical single track		views, bird sanctuary	Tumbler Point Hiking Trail
Wolverine Trails	7	2	9 (shorter loops available)	double track		Lost Haven cabin	Wolverine Trails and the Lost Haven Cabin

Difficulty Rating:  - Easy     - Moderate     - Difficult